

Engaging Vitality (Module 1-3)



A Palpation Workshop for Effectively Working with Qi in the Clinic

Instructors	Ráyen Antón (Barcelona, Spain) Ferdinand Beck (Berg, Germany)
Dates & Times	Module 1: November 23-24, 2024 Sat 10 am - 6 pm Sun 9 am - 4 pm Module 2: January 25-26, 2025 Sat 10 am - 6 pm Sun 9 am - 4 pm Module 3: March 21-23, 2025 Fri 10 am - 6 pm Sat 9 am - 5 pm Sun 9 am - 4 pm
Teaching Hours	53 UE (= Credits)
Teaching Language	English
Venue	Input Seminarräume Sandstr. 41, Level 5 80335 München How to get there
Costs	Early bird: € 1235 AGTCM-Members € 988 (Registration prior to September 12, 2024) Regular: € 1394 AGTCM-Members € 1115 Module 1-3 can only be booked together.

Course Outline

Efficacy in acupuncture is grounded in a therapeutic engagement with *qi*. Doing this well requires not only carefully listening to patients with our ears, but also with our hands.

Although pulse and abdominal diagnosis are hallmarks of manual diagnosis in East Asian medicine, they represent just a fraction of the information available. This three-weekend training will enhance your ability to more directly perceive and make use of *qi* in your practice.

How Is This Program Applicable To Your Practice?

Using the palpatory sensibilities and vocabulary of osteopathy, participants will be introduced to tangible palpatory referents for different aspects of *qi*, including:

- How to feel the location of core restrictions (what could be more important!)
- How to use variations in temperature to gain general and specific information
- How to directly feel which points are most available for treatment and their precise locations
- Directly assessing the flow in each channel
- How to feel whether your treatments have produced a clinically meaningful change
- How to use of the principle of effortless action (*wu wei*) in your practice.

How Is The Program Organized?

This program has evolved over the years and is now offered as a three-module format. This allows to give the students time to improve their skills and learn how to integrate this work into their clinical practice.

Participants will learn the basics of this palpation approach in the first two weekends. In the third weekend, Rayén will demonstrate how these diagnostic aids can deepen our understanding and improve our ability to use the extraordinary vessels.

Techniques such as these allow us to respond more fluidly to the requirements of our patients' *qi* in a true dialogue. They are primarily diagnostic in nature and are readily integrated with nearly any style of acupuncture. They provide a means for the fundamental concepts of East Asian medicine to come to life in our hands.

The first step of the way...

Engaging Vitality offers the opportunity to bring to our hands, to the palpatory experience, the concepts we've learn in an intellectual way, concepts with what in many instances, work by inference. Once we open the door to the direct perception of *qi*, we find the real possibility to be able to respond without imposing our own preconceptions, we find the self-healing mechanism of the body is powerful and deep beyond imagination -so most of the times our job is simply to remove obstructions and get out of the way...

This way to approach our patients, listening with all our senses, is not only more effective and gentler, but also deeply transformative to whom is practicing it.

The first step to initiate this road is to sign up for this course. Once you have completed this training, there are many opportunities to continue learning, both from experienced teachers as from the exchange with colleagues of all stages in the study groups all over Europe.

If you have any question, don't hesitate to contact us:

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