

Engaging Vitality (Module 1-3)

A Palpation Workshop for Effectively Working with Qi in the Clinic



Instructors	Ráyen Antón (Barcelona, Spain) Ferdinand Beck (Berg, Germany)
Dates & Times	Module 1: September 04-05, 2021 Sat 10 am - 6 pm Sun 9 am - 4 pm Module 2: October 30-31, 2021 Sat 10 am - 6 pm Sun 9 am - 4 pm Module 3: January 07-09, 2022 Fri 10 am - 6 pm Sat 9 am - 5 pm Sun 9 am - 4 pm
Teaching Hours	53 UE (= Credits)
Teaching Language	English
Venue	Module 1 und 3: Salesianum St-Wolfgangs-Platz 11 81669 München Module 2: Initiativgruppe Interkulturelle Begegnung und Bildung e.V. Karlstr. 50, 80333 München
Costs	Early bird: € 1235 AGTCM-Members € 988 (Registration prior to July 24, 2021) Regular: € 1370 AGTCM-Members € 1096 Module 1-3 can only be booked together. We accept "Bildungsgutschein" for this course

Course Outline

Efficacy in acupuncture is grounded in a therapeutic engagement with *qi*. Doing this well requires not only carefully listening to patients with our ears, but also with our hands.

Although pulse and abdominal diagnosis are hallmarks of manual diagnosis in East Asian medicine, they represent just a fraction of the information available. This three-weekend training will enhance your ability to more directly perceive and make use of *qi* in your practice.

Module Dates 2021

1 | September 04-05, 2021 (Rayén Antón & Ferdinand Beck):
Introduction to *Qi* Palpation in the Practice of Acupuncture

2 | October 30-31, 2021 (Dan Bensky):
Intermediate techniques in *Qi* Palpation in the Practice of Acupuncture

3 | January 07-09, 2022 (Rayén Antón):
Fluid Dynamics and the Use of the Extraordinary Vessels in the Practice of Acupuncture

How Is This Program Applicable To Your Practice?

Using the palpatory sensibilities and vocabulary of osteopathy, participants will be introduced to tangible palpatory referents for different aspects of *qi*, including:

- How to feel the location of core restrictions (what could be more important!)
- How to use variations in temperature to gain general and specific information
- How to directly feel which points are most available for treatment and their precise locations
- Directly assessing the flow in each channel
- How to feel whether your treatments have produced a clinically meaningful change
- How to use of the principle of effortless action (*wu wei*) in your practice.

How Is The Program Organized?

This program has evolved over the years and is now offered as a three-module format. This allows to give the students time to improve their skills and learn how to integrate this work into their clinical practice.

Participants will learn the basics of this palpation approach in the first two weekends. In the third weekend, Rayén will demonstrate how these diagnostic aids can deepen our understanding and improve our ability to use the extraordinary vessels.

Techniques such as these allow us to respond more fluidly to the requirements of our patients' *qi* in a true dialogue. They are primarily diagnostic in nature and are readily integrated with nearly any style of acupuncture. They provide a means for the fundamental concepts of East Asian medicine to come to life in our hands.

If you have any question, don't hesitate to contact us:

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