

Returning Home

Re-thinking palliative care with acupuncture

Dozentin	Rayén Antón Barcelona
Termin	28. Februar – 1. März 2026 Sa 10-18 So 9-17 Uhr
Unterrichtsstunden	17 UE (= Credits)
Kurssprache	Englisch
Ort	Schloss Blumenthal Blumenthal 86551 Aichach Anreise
Kursgebühr	Bei Anmeldung bis 17.1.2026: € 368 AGTCM-Mitglieder € 294 Bei späterer Anmeldung: € 412 AGTCM-Mitglieder € 330

Content

Today's society seems to live trying to face away from death, denying it until it's most of the time too late to integrate it. It tends to break what it is a single process of existence, into 2 separate and mutually exclusive states: Life and Death. Chinese medicine and the 3 Treasures give us an entry point to understand these states as nothing but manifestations of an ongoing process, not bound to physical existence. Existence is a continuum with different proportions of Shen, Qi and Jing. Towards the end of physical life, the proportion of Shen has the chance to increase as matter fades out. When we shift into this larger perspective, we see how acupuncture has an immense potential to facilitate the transition from one process to the other, from one stage of being to the next. We have as fundamental part of our medicine the refinement of Jing into Qi and Qi into Shen, we can facilitate the transition and transformation.

This workshop will explore how to facilitate this state of connection with the source, to help the patient detach from fear and anxiety, being able to embrace the new iteration of their existence.

We'll pay attention to markers signaling this connection, such as direct palpation of Qi, and we'll go over a few ideas of how the Ba Mai can help facilitate this process, presenting initial thoughts about how engage them in this framework. We'll have theory and practice parts, aiming to integrate the concepts into palpable skills.

The Lecturer

Rayén Antón started her path into Chinese Medicine in 2002 and then graduated as TCM practitioner in the Fundación Europea de Medicina Tradicional China in Barcelona. Later she continued studying various types of Japanese acupuncture with Stephen Birch, learning Manaka style, Meridian Therapy, Shonishin, and graduated in 2007 as Toyohari practitioner with the European Branch of Toyohari Association. In 2011 started her path with Engaging Vitality studying with Charles Chace and Dan Bensky, fully integrating the Engaging Vitality approach into her practice ever since. She now runs the Engaging Vitality spanish study groups, teaches EV Fundamentals both in Germany and Spain, M3 in the Netherlands, as well as the intermediate level class about Ba Mai palpation.

She started in the Chinese Medicine field working with Prof. Manuel Rodríguez in Barcelona in 2003 as part of his clinic team, and as his assistant for TCM, Manaka, Meridian Therapy and Paediatric trainings in 2005. Since 2010 she then added running her private acupuncture practice in Barcelona, devoting a third of it to social work and community clinic.

Wir beraten Sie gern!

Wir freuen uns über Ihre Anfrage:

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