



# Engaging Vitality: Qi Jing Ba Mai

## Explorations on the morphology and Inherent Movement palpation

Dozent	Rayén Antón   Barcelona
Termin	02.-03. Juli 2022 Sa 10-19   So 9-16 Uhr
Unterrichtsstunden	17 UE (= Credits)
Kurssprache	Englisch
Ort	Schloss Blumenthal Blumenthal 86551 Aichach
Übernachtung	Direkt im wunderschönen Schlosshotel, im Schlafsaal oder in einer Pension in der näheren Umgebung
Teilnehmerprofil	Akupunkteure, die den Grundkurs Engaging Vitality (Modul 1 bis 3) absolviert haben
Kursgebühr	Bei Anmeldung bis 21.05.2022: € 355   AGTCM-Mitglieder € 284 Bei späterer Anmeldung: € 385   AGTCM-Mitglieder € 308 Wir bieten max. 6 Plätze für Wiederholer*innen zu 25% ermäßigerter Kursgebühr

### Content

The Extraordinary Vessels are one fascinating piece of TEAM, with their overarching influence, connection with primal qi, and unique place as gateway between internal alchemy Nei Dan and medicine. The direct perception of the vessels themselves has been largely overlooked in our field of medicine, relegated to the Nei Dan practitioners and their field of internal alchemy. More often than not, our decision-making process when selecting a vessel for treatment tends to be based on theoretical considerations and/or indirect forms of palpation (as the pulse or the abdomen). Li Shizhen, the outstanding XVI century physician and Nei Dan practitioner, was one of the few scholars, who approached the issue from both perspectives, revisiting previous knowledge on the topic and adding his own interpretations.

After a couple of decades working on the Ba Mai and 11 years of work on Li Shizhen's book Qi Jing Ba Mai Kao, Charles Chace, who was one of the core developers of Engaging Vitality, mapped out the Morphology of the Ba Mai on the Fluid Body. The Engaging Vitality palpative skills served him to bring back to medicine the possibility of accessing the Ba Mai directly.

The Fluid Body and the Ba Mai share some characteristics, for instance they organize themselves around a midline, and they tend to layer. This, and the palpative skills trained enough to be able to listen at the Fluid Body, are the starting point of the journey that takes us to engage the Ba Mai in one of their most direct manifestations.

We'll be exploring yet another form of palpation for the Ba Mai in this seminar. The Inherent Movement palpation is a complementary approach to directly engage the vessels by listening at their movement. We can directly palpate or resonate with the inherent movements of the vessels, this offers another angle to approach them and another cross referencing tool.

In this seminar we will explore both of these novel ways to directly contact the Ba Mai and will be cross referencing this with abdominal palpation and simplified forms of Ba Mai pulse diagnosis coming from Li Shizhen.

### General topics:

- Revisiting the Fluid Body.
- Revisiting pulse and abdominal diagnosis for the Ba Mai.
- The Ba Mai as fields of influence. General indications. Trajectory and treatment holes.
- The morphology, mapping the terrain.
- Walking the path: Practice session on the morphology. How does it feel under our hands. How to work with it in clinic.
- Inherent movement: Generalities and conceptual frameworks
- Palpation and recognition: Practice sessions to learn how to tune into the inherent movement of the vessels.
- Putting it all together: Practice sessions to cross reference the multiple ways of listening at the Ba Mai and work with it in clinic.

### The Lecturer

Rayén Antón started her path into chinese medicine in 2002 and then graduated as TCM practitioner in the Fundación Europea de Medicina Tradicional China in Barcelona. Later she continued studying various types of Japanese acupuncture with Stephen Birch learning Manaka style, Meridian Therapy, Shonishin, and graduated in 2007 as Toyohari practitioner with the European Branch of Toyohari Association. In 2011 started her path with Engaging Vitality studying with Charles Chace and Dan Bensky, and she fully integrated the Engaging Vitality approach into her practice ever since. She now runs the Engaging Vitality spanish study groups and also teaches the introductory module in Spain.

She has been working as well with Prof. Manuel Rodríguez in Barcelona for his TCM, Manaka, Meridian Therapy and Paediatric trainings since 2005, and was part of his clinic team since 2003 and since 2010 she added running her private acupuncture practice in Barcelona.

Wir beraten Sie gern!

Wir freuen uns über Ihre Anfrage:

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