

Miscellaneous Review Class

Workshop for Engaging Vitality practitioners

Dozentin	Rayén Antón Barcelona
Termin	09.-11. Mai 2025 Fr 10-18 Sa 9-18 Uhr So 9-16
Unterrichtsstunden	24 UE (= Credits)
Kurssprache	Englisch
Ort	Schloss Blumenthal Blumenthal 86551 Aichach Anreise
Übernachtung	Direkt im wunderschönen Schlosshotel, im Schlafsaal (€ 25/Nacht) oder in einer Pension in der näheren Umgebung
Teilnehmerprofil	Akupunkteur:innen, die den Grundkurs Engaging Vitality (Modul 1 bis 3) absolviert haben
Kursgebühr	Bei Anmeldung bis 28.03.2025: € 548 AGTCM-Mitglieder € 438 Bei späterer Anmeldung: € 602 AGTCM-Mitglieder € 482

Content

This gathering will cover a handful of different EV listening tools, ranging from topics from the Fundamental training to topics from the Ba Mai listening class.

The first day has the aim of helping us gather ideas and references to devise how to become even more efficient in our choice of techniques such as different types of moxa, and inserted and non-inserted needles, using the full array of our EV palpatory tools.

On the second and third day, we'll focus on reviewing the Ba Mai listening tools, and of course during the practice sessions, we'll be able to put into action what we have been exploring the day before. We will revisit the palpation tools we've acquired during the Basic Training and the Ba Mai listening class: Morphology, Inherent Movement, and cross referencing with Abdominal palpation and maybe pulse. During the classes we have a lot of material to absorb, and most of the time after processing it for a while in clinic, a lot of nuances come to the surface in the form of doubts or insights. This Review Class is meant to give us all a space to share, revisit and re-discover.

To better accommodate to the needs of the group, we kindly ask the participants to fill in this form by clicking [here](#). This information will help us craft the gathering to meet the needs of this particular group.

General content of the 3-day Miscellaneous review weekend

Day 1: Morning

EV toolbox at a glance: looking at our toolbox from the perspective of affinities, Qi-Xue, Yin-Yang, etc. Contemplating moxa and needling techniques with an *affinity perspective*.

Practice sessions: Shape of Qi needling with insertive and non-insertive needles (teishin).

Day 1: Afternoon

Examples of different types of moxa and their affinities. Putting together EV toolbox and moxa types, brainstorming about cross-referencing and affinities.

Practice sessions: experimenting with the different types of moxa and cross-referencing with relevant EV tools.

Day 2: Morning

Revisiting familiar ground: Theoretical background of Morphology and Inherent Movement.

Practice sessions: revisiting the familiar ground.

Day 2: Afternoon

Palpatory references, Physiology and Pathology: putting together the pieces.

Practice sessions: paying attention to the movements in context

Day 3: Morning

Palpatory reference of the Vessels and palpatory references of Qi in relation to them: the case of Chong and Dai

Practice sessions: refining Qi listening and paying attention to the relation of different aspects of the system

Day 3: Afternoon

Clearing doubts and sharing insights. Closing thoughts about clinical application guided by palpation.

Practice sessions: Complete treatments making use of the whole array of EV tools and palpatory references.

The Lecturer

Rayén Antón started her path into Chinese Medicine in 2002 and then graduated as TCM practitioner in the Fundación Europea de Medicina Tradicional China in Barcelona. Later she continued studying various types of Japanese acupuncture with Stephen Birch, learning Manaka style, Meridian Therapy, Shonishin, and graduated in 2007 as Toyohari practitioner with the European Branch of Toyohari Association. In 2011 started her path with Engaging Vitality studying with Charles Chace and Dan Bensky, fully integrating the Engaging Vitality approach into her practice ever since. She now runs the Engaging Vitality spanish study groups, teaches EV Fundamentals both in Germany and Spain, M3 in the Netherlands, as well as the intermediate level class about Ba Mai palpation.

She started in the Chinese Medicine field working with Prof. Manuel Rodríguez in Barcelona in 2003 as part of his clinic team, and as his assistant for TCM, Manaka, Meridian Therapy and Paediatric trainings in 2005. Since 2010 she then added running her private acupuncture practice in Barcelona, devoting a third of it to social work and community clinic.

Wir beraten Sie gern!

Wir freuen uns über Ihre Anfrage:

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