

Ontake Moxibustion Level 1



The  OntakeMethod

Is moxibustion too difficult to apply, too risky, or too smoky?

Discover the effective new moxa method from Japan that will give you rapid results – safely.

Lecturer	Oran Kivity Taiwan
Dates and Times	July 01-02, 2023 sa 10 am - 6 pm su 9 am – 4 pm
Teaching hours	16 UE (= Credits)
Language	English
Venue	Input e. V. Sandstr. 41 80335 München directions
Profile	All practitioners of acupuncture, Chinese medicine, and meridian-based therapies such as <i>shiatsu</i> , <i>anmo</i> and <i>tuina</i> . No previous experience of moxibustion is required.
Costs	Early bird: € 404 AGTCM-Members € 323 (Registration prior to May 20, 2023) Regular: € 450 AGTCM-Members € 360

Learning goal

This two-day course is a dynamic mixture of theory, demonstration, and practice.

You will learn to:

- Systematically palpate the channels and note significant reactions
- Load bamboo with moxa and light it safely
- Perform tapping, touching and closing, rolling, standing, rocking, pressing, leaning, vibrating, and knocking techniques with heated bamboo
- Map out and apply Dr Manaka's meridian frequencies on any part of the body
- Apply a whole-body warm bamboo treatment to strengthen the root
- Treat pain: select treatment channels according to the Ontake matrix and different holographic images of the body on the arms and legs

- Apply warm bamboo to treat a broad range of conditions including headache, neck pain, back pain, knee pain, constipation, diarrhoea, stress, depression, and anxiety
- Describe Japanese acupuncture concepts of dosage and recognise sensitive patients
- Remedy overtreatment using Ontake
- Describe Ontake's principal actions, effects, and contraindications

These methods and theoretical models **do not** require you to give up your existing style of practice. They can be integrated into any kind of meridian-based bodywork method, including acupuncture, shiatsu, and tuina. This weekend will, however, transform your practice, giving you new perspectives and a potent new tool that your patients will love.

Content

Ontake is a contemporary moxibustion tool from Japan. A piece of bamboo is filled with burning moxa wool which is then rolled, tapped, and pressed on the meridians. The rhythmic application of heat and pressure triggers rapid shifts in your patients' body condition and mood.

The Ontake Method is a conceptual framework for applying Ontake developed by British acupuncturist Oran Kivity. It integrates ideas from Japanese acupuncture regarding channel palpation and deficiency excess, holographic mappings, and Dr Manaka's meridian frequencies: applying stimulation to the body in time to a metronome. When applied with these ideas, Ontake can transform your practice, relaxing the muscles, relieving pain and calming the mind within minutes.

Day 1

- Ontake Origins
- Introduction to Dr Manaka and his ideas
- Root and Branch treatment in Japanese Acupuncture
- Dr Manaka's Meridian Frequencies, wooden needle and hammer, tapping zones
- Loading, lighting and applying Ontake
- Channel palpation, deficiency and excess and abnormal tissue findings
- Bamboo Max and Mini – Root treatments with Ontake

Day 2

- Holographic Thinking and the rapid relief of pain
- Dr Tan's concepts of body mirrors and images
- Meridian pairings and a simple Ontake matrix
- Chasing the pain
- The clinical efficacy of DU 14, SP 6, and other meeting points
- Clinical applications: Branch Treatments for diarrhoea, constipation, anxiety, eye problems, tinnitus and sinusitis/allergic rhinitis
- The Goldilocks Zone: dosage, overtreatment, and knowing when to stop

The Lecturer

Veteran British acupuncturist Oran Kivity trained in Europe, China, and Japan. In continuous practice since 1987, he specialised in Japanese methods and was a founder member of Toyohari UK, the British branch of the Toyohari Association of Japan. He taught acupuncture at the University of Westminster and the Northern College of Acupuncture for ten years.

Oran is the author of four books about Japanese acupuncture and moxibustion, including the popular Moxa in Motion with the Ontake Method and Hirata Zone Therapy with the Ontake Method. Passionate about acupuncture and learning, he continues to teach internationally and has a successful habit coaching practice online, working with practitioners all over the world to develop their practices.

Now based in Taiwan, he practises, writes, coaches and teaches from the southern port town of Kaohsiung, where he lives happily by a river, near a lake and close to the sea.

Wir beraten Sie gern!

Wir freuen uns über Ihre Anfrage:

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