Acupuncture for gynaecological and psycho-emotional conditions: learning through case histories

Lecturer	Cinzia Scorzon	Tenerife
Dates and Times	May 06-07, 2023
	sa 10 am - 6 pm I su 09 am - 04:30 pm
Teaching hours	16 UE (= Credits)
Language	English
Venue	Input e. V. Seminarzentrum Sandstraße 41 80335 Munich directions *hybrid course: it is also possible to attend this course **online**!*
Profile	Basic knowledge of acupuncture is required
Costs	Early bird: € 368	AGTCM-Members € 294 (Registration prior to April 01, 2023) Regular: € 412	AGTCM-Members € 330

Content

Have you ever had a difficult case where you could not grasp what was really going on with your patient? Do your treatment protocols sometimes resemble long shopping lists trying to address all the different patterns you see? Do you find it hard to move flexibly between different ways of diagnosing and treating? If you answer yes to any of these questions this course is for you.

Learning from cases, both directly in the clinic and reading the cases of experienced physicians, has long been one of the most important tools of moving from novice towards mastership in acupuncture practice. This is because cases are uniquely suited to revealing the multidimensional aspects of illness that we encounter in clinical practice. They focus on what is really there rather than on what should be there according to theory and force us to make decisions between the often time multiple options available to us.

To this end, this course is based on cases drawn from Cinzia's almost forty years of practicing acupuncture and her familiarity with the different 'styles' of acupuncture and moxibustion she learned in China, Japan, and Korea. At the heart of this teaching stands what Cinzia refers to as a 'forensic approach' to diagnosis and treatment.

What is meant by a 'forensic approach'? Nothing more and nothing less than finding the key to effect the change that the patient needs right here and now. It means moving from a 'shopping list' approach that addresses a collection of patterns to one that seeks out the seminal forces (ji 幾) at the heart of any illness process that generate these patterns in the first place. This work is very

much like that of a detective who solves a crime by sifting through many different types of evidence to understand why and how a crime was committed, or that of a good judge who must deliver a judgement in situations that are not always clear and transparent. A good acupuncturist likewise must be able to perceive the significance of often subtle clues that reveal why and how surface patterns show up in the way they do and then deliver the right treatment.

This workshop will focus on:

- Discussing the key aspects of diagnosis, what is *really* important to consider and what is not
- Priority of treatment, what do we do first?
- Point combinations, why do we choose *those* points? What are their actions?

Such a forensic approach to acupuncture not only greatly increases our understanding of illness but helps us to select the most appropriate point combinations for an effective treatment drawing on all the different tools available to us.

The Lecturer

Cinzia Scorzon is a Chinese medicine practitioner and a senior lecturer at the University of Westminster in London. She has undertaken post-graduate training and was awarded an MSc in Chinese Medicine at the Northern College of Acupuncture, York, affiliated to the University of Wales and a Master in Chinese Herbal Medicine at the University of Westminster, London. In addition she spent a year a half in Shanghai to learn Chinese language and study with several well-known Chinese physicians. Cinzia extended her studies in Japan and South Korea as well as presenting in several multidisciplinary international conferences. She has been working in private practice since 1984, and has been teaching both in the UK and abroad. She is currently leading a research project at the university that compares cognitive behavioural therapy with acupuncture in treating generalised anxiety disorders (GAD).

Wir beraten Sie gern!

Wir freuen uns über Ihre Anfrage:

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