

Covid-19 and Chinese Medicine

International Online Symposium May 29-30, 2021



ABZ München

Sharing experiences – Discussing cases



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Introduction

Michael Huber, ABZ München

Before we start: Two notes and some questions

External diseases

	6 climatic Qi: wind, cold, heat, dampness, dryness, summerheat	Epidemic diseases
A „problem“ ...	if it is not appropriate in relation to you e.g. too cold for you	always when you get in contact with it (but your defense may easily deal with it)
Begins usually...	with exterior symptoms: fever, chills, body aches ...	not with exterior symptoms
The course of the illness ...	depends a lot on you, and has often a certain individual pattern	depends a lot on the disease and has a disease specific pattern
Is...	not contagious	contagious

→ Epidemic diseases are different from diseases caused by the 6 climatic Qi

Wu You-ke: Wen Yi Lun (1642)

„Discussion of Warm Epidemics“

- Li Qi (“Pestilential Qi”) first hides in the Mo Yuan (“Mebran Source”)
- Main formula: Da Yuan Yin (“Reach the Source Drink”)
- Herbal combination: Cao Guo, Hou Po, Bing Lang

Learn more: <https://www.thelanter.com.au/> free covid-19 issue

Covid-19

- Successfully treated by different approaches

➤ *Question: Is there more to say other than: treat what you see?*

- Many different disease courses, many different symptoms
- Often no signs of heat, cold, dampness etc. in the beginning

➤ *Questions: What is the specific quality of Covid-19's "Li-Qi"?*

Are the symptoms due to the body's reaction?

Do we need a new concept to grasp a new disease?

Learning from China?

- Treating thousands of people with the same formula
- Roughly divided in mild, general, severe and critical cases
- Broad spectrum formulas like Qing Fei Pai Du Tang (a combination of 5 formulas)

versus

- Individually tailored formulas

➤ *Question: What can we learn from the experiences in China?*

Questions

- Do we need a new concept to grasp a new disease?
 - Or do we just treat what we see and use the concepts we always use?
 - Is there a specific quality of Covid-19's "Li-Qi"?
 - Are the symptoms "only" due to the body's reaction?
- What can we learn from the experiences in China?